

CASA/County Counsel Roundtable Discussion

Resources & Additional Information

As of: 7/14/2014

**EXPLORING THE DIVERSE MENTAL HEALTH NEEDS OF THE AFRICAN AMERICAN FAMILY:
By understanding the negative impact stress, trauma, poverty and homelessness have on the
wellbeing of kids in foster care**

Websites:

- Center for Advanced Studies in Child Welfare-Resource Library
 - <http://cascw.umn.edu/resource-library/>
- Child Welfare Information Gateway-Bibliography
 - http://www.hunter.cuny.edu/socwork/nrcfcpp/downloads/bib/trauma_informed_child_welfare.pdf
- The National Child Traumatic Stress Network
 - <http://www.nctsn.org/>
- Historical Trauma & Microaggressions: A Framework for Culturally-Based Practice
 - http://acesconnection.com/notes/Historical_Trauma_%26_Microaggressions
- U.S. DHHS-The Office of Minority Health- Commission on the Impact of Trauma and Violence on the Health of African American Men
 - <http://www.minorityhealth.hhs.gov/templates/content.aspx?lvl=1&lvlid=9&ID=8381>
- African American Babies
 - <http://www.africanamericanbabies.org/>
- National Resource Center for Community-Based Child Abuse Prevention
 - <http://friendsnrc.org/cbcap-priority-areas/cultural-competence>
- Resilience -The Emotional Life (PBS)
 - <http://www.pbs.org/thisemotionallife/topic/resilience/what-resilience>
- [Psychology Today] Can Racism Cause PTSD? Implications for DSM-5: Racism itself may be a traumatic experience (May 20, 2013)
 - <http://www.psychologytoday.com/blog/culturally-speaking/201305/can-racism-cause-ptsd-implications-dsm-5>
- Mental Health in the Black Community
 - http://www.huffingtonpost.com/krystal-reddick/mental-health-in-the-black-community_b_5561385.html
- Behind Mental Health Stigmas In Black Communities
 - <http://www.npr.org/2012/08/20/159376802/behind-mental-health-stigmas-in-black-communities>
- The President's 2015 Budget: A New Initiative to Improve Behavioral Health Outcomes for Foster Youth
 - <http://www.firstfocus.net/news/reading-list/the-president%E2%80%99s-2015-budget-a-new-initiative-to-improve-behavioral-health-outcomes>

Videos:

- Voices-Hearing From African American Families About Trauma
 - <https://umconnect.umn.edu/aafamtrauma1/>
- Trauma, Brain & Relationship: Helping Children Heal (25 minutes)
 - <http://www.youtube.com/watch?v=jYyEEMIMMb0>

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- Complex Trauma (10 mins)
 - <http://youtu.be/A1vbSSQJOHw>
- Healing Historic Trauma (Part One)
 - <http://ctiv.alexanderstreet.com.proxy.thechicagoschool.edu/view/1857937>
- Race-Based Traumatic Stress: Recognition and Assessment
 - <http://ctiv.alexanderstreet.com.proxy.thechicagoschool.edu/view/1778867>
- Video: Katy Kamkar: The Psychology of Trauma
 - http://www.youtube.com/watch?v=Y_GrcmkCaP0
- A bad childhood: Vancouver physician Gabor Mate and the social roots of our addictions.
 - <http://www.youtube.com/watch?v=-APGWvYupU>

Articles:

- Identifying Polyvictimization and Trauma Among Court-Involved Children and Youth: A Checklist and Resource Guide for Attorneys and Other Court-Appointed Advocate (2006)
 - http://www.safestartcenter.org/sites/default/files/documents/publications/PDF_IdentifyingPolyvictimization.pdf
- Association of Black Psychologists article of Foster Care and Mentoring (2011)
 - <http://www.abpsi.org/pdf/2011fostercarementoring.pdf>
- Resilience in African American Children and Adolescents: A Vision for Optimal Development (2008)
 - <http://www.apa.org/pi/families/resources/resiliencert.pdf>
- Changing Course: Improving Outcomes for African American Males Involved with Child Welfare Systems (March 2014)
 - http://www.cssp.org/publications/child-welfare/alliance/Changing-Course_Improving-Outcomes-for-African-American-Males-Involved-with-Child-Welfare-Systems.pdf
- Strengthening Policies to Support Children, Youth and Families Who Experience Trauma (July 2007)
 - http://www.nccp.org/publications/pdf/text_737.pdf
- Collaborative and Empowering Practices with African American Families in Child Welfare-The Michigan Child Welfare Law Journal (Winter 2007-2008)
 - http://chanceatchildhood.msu.edu/pdf/CWLJ_winter_1.pdf
- Addressing the Unique and Trauma-related Needs of Young Children (July 2010)
 - http://cpeip.fsu.edu/resourcefiles/TraumaRelated_needs_children.pdf
- Racism at the root of racial imbalance in child welfare (2008)
 - <http://www.oregon.gov/dhs/children/beyondfc/docs/news-2010-0927-racial.pdf>
- Implementing Cultural Competence (Summer 2011)
 - http://www.nctsn.org/sites/default/files/assets/pdfs/nctsn_soc_summer2011.pdf
- The Impact of Racial Trauma on African Americans (February 2010)
 - <http://www.heinz.org/UserFiles/ImpactOfRacialTraumaOnAfricanAmericans.pdf>
- Trauma and the African American Experience (March/April 1998)
 - http://www.thecenteratpiw.com/documents/article_trauma_african.pdf
- Doctors Link Childhood Trauma, Poverty with Gun Violence (March 19, 2013)
 - <http://www.peoplesworld.org/doctors-link-childhood-trauma-poverty-with-gun-violence/>

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- Implementing Trauma-Informed Practices in Child Welfare (November 2013)
 - <http://childwelfaresparc.org/wp-content/uploads/2013/11/Implementing-Trauma-Informed-Practices.pdf>

These Issues in the News:

- Meet the South Central LA School Counselor Who Helps Students Combat PTSD from Gang Violence (June 4, 2014)
 - <https://news.vice.com/article/meet-the-south-central-la-school-counselor-who-helps-students-combat-ptsd-from-gang-violence>
- Four Tips for Improving Black Mental Health: What you can do to strengthen your mind and soul (June 3, 2014)
 - <http://www.bet.com/news/health/2014/06/02/four-tips-for-improving-black-mental-health.html>
- Proposed L.A. County budget shifts money to jails, foster care reform (April 14, 2014)
 - <http://articles.latimes.com/2014/apr/14/local/la-me-ln-county-budget-20140414>
- Studies: Disproportionate number of black children wind up in L.A. foster care (March 22, 2013)
 - <http://www.dailynews.com/general-news/20130323/studies-disproportionate-number-of-black-children-wind-up-in-la-foster-care>